

Menu Calendar Nutrient Analysis Report - May, 2024

Site: ALL
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 Ham and Cheese Sandwich - ServingDate: 05/01/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	78	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	25	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Ham and Cheese on Pretzel Roll - LR100195 (1 sandwich)	273	342.01	11.91	5.27	0.00	948.96	36.29	20.25
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Green Beans, Frozen, Boiled, Veg-O - SR102271 (1 c.)	350	38.00	0.22	0.05	0.00(M)	322.06	8.70	2.03
Potatoes, Ovations Reduced Sodium Crinkle Cut French Fries, 2.06 oz., McCain, MCF03761,Veg-S - SR104149 (2 1/8 oz.)	375	90.00	3.50	0.50	0.00	25.00	13.00	0.00
Applesauce - LR100181 (4 1/2 oz.)	375	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	410	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	280	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Pizza Burger - ServingDate: 05/02/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	50	176.98	7.79	2.85	0.00	274.08	13.31	10.61
2024 April Pizza Burger - LR100286 (1 sandwich)	280	381.61	15.12	5.60	0.60	710.65	30.48	26.25
Cycle menu cold alternate - LR100183 (1 serv.)	45	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17

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2024 Pizza Burger - ServingDate: 05/02/2024								
Protein pack /hummus - LR100253 (1 ea.)	5	478.39	19.94	7.99	0.00	677.53	62.75	15.97
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	200	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Juice, 100% Apple, 4oz, Suncup, 090301, F - SR100917 (1 ea.)	380	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	380	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	380	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	200	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2023-24 Pizza HS - ServingDate: 05/03/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	60	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	10	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Pizza, Big Daddys16" original - LR100244 (5 1/2 oz.)	320	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	420	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Cooked Broccoli - SR105146 (1 c.)	400	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Applesauce - LR100181 (4 1/2 oz.)	420	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	420	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2023-24 Pizza HS - ServingDate: 05/03/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	420	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	330	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Rotini w/meat sauce - ServingDate: 05/06/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	55	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	35	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
WG Pasta w/ Meat Sauce, MMA, WG, VRO - LR100007 (1 serv.)	275	355.06	8.95	2.40	0.00(M)	939.80	50.84	19.27
Garlic toast - LR100270 (1 piece)	350	90.00	3.00	0.00	0.00	100.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	250	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	350	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	370	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	90	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 HS chicken breast week 1 - ServingDate: 05/07/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	50	176.98	7.79	2.85	0.00	274.08	13.31	10.61

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 HS chicken breast week 1 - ServingDate: 05/07/2024								
chicken patty sandwich - LR100028 (1 ea.)	295	330.00	11.00	2.00	0.00	600.00	39.00	20.00
Cycle menu cold alternate - LR100183 (1 serv.)	30	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Protein pack meal - LR100252 (1 ea.)	20	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	325	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	395	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	300	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
BBQ sauce, Condiment - SR105407 (2 Tbsp.)	300	32.95	0.08	0.00	0.00(M)	286.62	8.46	0.09
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	375	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Pizza - ServingDate: 05/08/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	10	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	15	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Pizza, Big Daddys16" original - LR100244 (5 1/2 oz.)	405	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)

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2024 Pizza - ServingDate: 05/08/2024								
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	430	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Cooked Broccoli - SR105146 (1 c.)	430	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Applesauce - LR100181 (4 1/2 oz.)	430	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	430	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	430	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	330	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Rib B Que Week 1 - ServingDate: 05/09/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	75	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	40	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Protein pack meal - LR100252 (1 ea.)	10	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Sandwich, Pork BBQ Rib Sandwich, F-30, MMA, WG - SR106373 (1 sandwich)	225	359.89	10.91	3.04	0.10	1114.69	47.65	20.15
Baked Beans WYASD - LR100107 (1 c.)	300	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
French Fries - SR101339 (2 3/8 ounces)	300	99.72	3.49	0.00	0.00	129.63	16.95	1.99
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	350	60.00	0.00	0.00	0.00	5.00	14.00	0.00

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2024 Rib B Que Week 1 - ServingDate: 05/09/2024								
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1 c.)	350	120.00	0.00	0.00	0.00	10.00	32.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	350	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	250	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Copy of 2024 Mozzarella Cheese Sticks HS - ServingDate: 05/13/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	20	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	75	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Mozzarella cheese sticks - LR100145 (2 pc)	350	307.22	11.25	5.00	0.00	653.31	30.95	18.49
Protein pack /hummus - LR100253 (1 ea.)	5	478.39	19.94	7.99	0.00	677.53	62.75	15.97
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	450	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Green Beans, VO - LR100018 (1 c.)	300	65.45	1.31	0.71	0.00(M)	69.47	12.93	3.01
Sauce, Fully Prepared Pizza Sauce, 106 oz., Red Gold, IL99 - SR108025 (1/4 c.)	375	35.00	0.50	0.00	0.00	210.00	6.00	1.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	450	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	450	53.00	0.13	0.00	0.00	6.00	13.39	0.50

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Copy of 2024 Mozzarella Cheese Sticks HS - ServingDate: 05/13/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	450	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	75	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Walking taco - ServingDate: 05/14/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	85	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Beef Soft Taco WYASD - LR100077 (1 piece)	350	387.44	18.82	9.33	0.00	855.31	33.51	21.19
Cycle menu cold alternate - LR100183 (1 serv.)	35	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Corn Muffin Bake Crafters 2.2 oz ready to serve - LR100059 (1 muffin)	375	180.00	4.50	0.50	0.00	310.00	31.00	4.00
Black Beans and Corn Mix - LR100038 (1 c.)	300	192.85	4.33	1.75	0.00(M)	278.19	33.22	8.04
Salsa, 103 oz., Red Gold, REDSC99, Veg-RO - SR100611 (1/8 c.)	300	10.00	0.00	0.00	0.00	70.00	2.00	0.00
Shredded Lettuce and Tomato, Veg-O - SR105405 (1 c.)	375	26.08	0.28	0.04	0.00	9.19	5.62	1.34
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	375	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	375	130.00	2.50	1.50	0.00	175.00	18.50	7.50

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2024 Walking taco - ServingDate: 05/14/2024								
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	100	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Condiment, Sour Cream, Glennview Farms - SR100954 (2 Tbsp.)	265	60.00	5.00	3.50	(M)	20.00	2.00	1.00
2024 May Chicken breast sandwich week 2 - ServingDate: 05/15/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	75	176.98	7.79	2.85	0.00	274.08	13.31	10.61
chicken patty sandwich - LR100028 (1 ea.)	350	330.00	11.00	2.00	0.00	600.00	39.00	20.00
Cycle menu cold alternate - LR100183 (1 serv.)	20	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Peas, Frozen Veg-S WYASD - LR100040 (1 cup servin)	200	271.54	6.38	1.14	0.41	560.21	40.61	14.64
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	450	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	450	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	450	130.00	2.50	1.50	0.00	175.00	18.50	7.50
BBQ sauce, Condiment - SR105407 (2 Tbsp.)	200	32.95	0.08	0.00	0.00(M)	286.62	8.46	0.09
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	200	6.06	0.01	0.00	0.00	94.75	1.64	0.21

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2024 HS Hot Dog week 2 - ServingDate: 05/16/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	20	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	25	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
low Sodium Hot dog - LR100154 (1 ea.)	400	315.00	15.00	5.00	0.00	570.00	26.00	12.00
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Baked Beans WYASD - LR100107 (1 c.)	250	332.31	0.96	0.17	0.00(M)	710.27	75.89	10.72
Potatoes, Reduced Sodium Tater Tots, 2.52 oz., McCain, Ore-Ida, 1000002789, Veg-S - SR107909 (8 pcs.)	350	90.00	3.50	0.00	0.00	160.00	14.00	1.00
Applesauce - LR100181 (4 1/2 oz.)	450	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	450	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	450	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	200	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 Pizza HS week 2 - ServingDate: 05/17/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	20	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	10	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Pizza, Big Daddys16" original - LR100244 (5 1/2 oz.)	385	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)

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2024 Pizza HS week 2 - ServingDate: 05/17/2024								
Bread, Whole Wheat Cluster Dinner Roll, Morabito, 60 / 116, WGR - SR100358 (1 ea.)	420	70.00	1.00	0.00	0.00	160.00	14.00	3.00
Cooked Broccoli - SR105146 (1 c.)	400	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Applesauce - LR100181 (4 1/2 oz.)	420	60.00	0.00	0.00	0.00	10.00	15.00	0.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	420	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	420	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	50	6.06	0.01	0.00	0.00	94.75	1.64	0.21
2024 May Chicken breast sandwich week 2 - ServingDate: 05/20/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	75	176.98	7.79	2.85	0.00	274.08	13.31	10.61
chicken patty sandwich - LR100028 (1 ea.)	350	330.00	11.00	2.00	0.00	600.00	39.00	20.00
Cycle menu cold alternate - LR100183 (1 serv.)	20	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Peas, Frozen Veg-S WYASD - LR100040 (1 cup servin)	200	271.54	6.38	1.14	0.41	560.21	40.61	14.64
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	450	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	450	60.00	0.00	0.00	0.00	5.00	16.00	0.00

Menu Calendar Nutrient Analysis Report - May, 2024

Site: ALL
Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 May Chicken breast sandwich week 2 - ServingDate: 05/20/2024								
Swiss Dairy Milk - LR100273 (8 oz.)	450	130.00	2.50	1.50	0.00	175.00	18.50	7.50
BBQ sauce, Condiment - SR105407 (2 Tbsp.)	200	32.95	0.08	0.00	0.00(M)	286.62	8.46	0.09
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	200	6.06	0.01	0.00	0.00	94.75	1.64	0.21
Copy of 2024 Pizza week 3 - ServingDate: 05/21/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	15	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cycle menu cold alternate - LR100183 (1 serv.)	80	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Pizza, Big Daddys16" original - LR100244 (5 1/2 oz.)	275	261.00	11.10	5.90	0.00	379.00	27.50	12.40
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Cooked Broccoli - SR105146 (1 c.)	335	51.52	0.22	0.03	0.00	20.24	9.84	5.70
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4)	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Peaches, clingstone, canned, diced, packed in extra light syrup [100220, A409] - SR105220 (1/2 c.)	375	53.00	0.13	0.00	0.00	6.00	13.39	0.50
Swiss Dairy Milk - LR100273 (8 oz.)	420	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	330	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Menu Calendar Nutrient Analysis Report - May, 2024

Site: ALL
 Date: 05/01/2024 - 05/31/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
2024 Cheeseburger HS - ServingDate: 05/22/2024								
2019 Hot Alternate High School - LR100214 (1 ea.)	75	176.98	7.79	2.85	0.00	274.08	13.31	10.61
Cheese Burger beef MMA 2 , WG 2 WYASD - LR100046 (1 burger)	275	392.92	16.15	6.39	0.00	526.31	27.24	30.44
Cycle menu cold alternate - LR100183 (1 serv.)	20	460.34	19.52	6.07	0.00(M)	1003.42	45.88	23.17
Protein pack meal - LR100252 (1 ea.)	5	881.00 (M)	32.58 (M)	10.04 (M)	0.00(M)	1132.50 (M)	126.00 (M)	22.09 (M)
Carrots, cooked, boiled, drained, without salt - SR106357 (1 c.)	300	54.60	0.28	0.05	0.00	90.48	12.82	1.19
Potatoes, Sweet Potatoes, Crinkle Cut Fries, Frozen, USDA, 110721, Veg-RO - SR109872 (1/2 c.)	250	150.00	8.00	2.00	0.00	125.00	19.00	1.00
Juice, 100% Apple, 4 oz, Suncup, 090301, F - SR106396 (1 serving (4))	375	60.00	0.00	0.00	0.00	5.00	14.00	0.00
Pears, Bartlett, canned, diced, packed in extra light syrup [100225, A434] - SR105229 (1/2 c.)	375	60.00	0.00	0.00	0.00	5.00	16.00	0.00
Swiss Dairy Milk - LR100273 (8 oz.)	400	130.00	2.50	1.50	0.00	175.00	18.50	7.50
Condiment Assortment WYASD Choose 2 packets - LR100111 (1 pc)	350	6.06	0.01	0.00	0.00	94.75	1.64	0.21

Legend
 (M) - Missing Nutrient Values

Report Selections
 Meal Type: Lunch
 Site Group: High School
 Menu Line: regular
 Serving Group: 9-12
 Nutrients Option: Expanded